

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 7:00pm
Wednesday 12:10pm
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

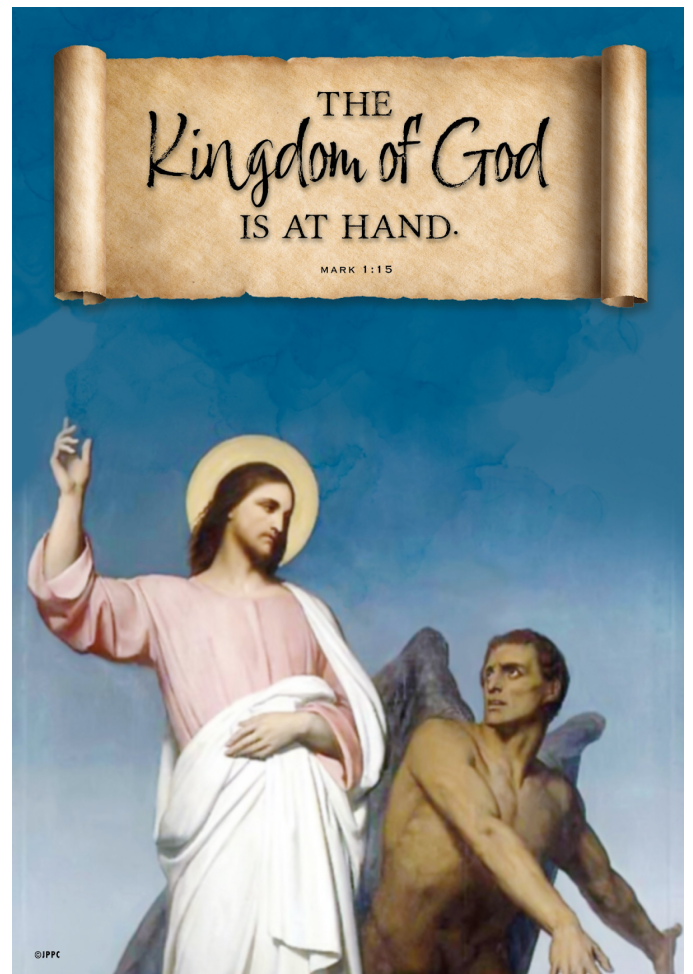
Eucharistic Adoration

First Tuesdays 5:45 - 6:45pm
Third Wednesdays following 12:10pm Mass

Rosary

Monday 8:30am in church - 7pm on Zoom
Tuesday 6:45pm (First Tuesdays at 6:15pm)
Thursday 7:30am
First Saturdays 3:30pm

First Sunday of Lent February 18, 2024



St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

Mass Intentions

Sacred Heart

February 17 - 25, 2024

The Sanctuary Candle burns for
All Parish Families

Saturday Vigil / Sunday
February 17 / 18

First Sunday of Lent

4:00pm Felix and Linda Ducharme on the
Occasion of their 56th Wedding Anniversary
8:00am Grace Louise Simpson by The Hardts
9:30am Deceased Members of the Boisvert
Family by Gordon and Louise Gribble

Monday: February 19

8:00am NO MASS

Tuesday: February 20

7:00pm Joseph Trombley by His Family

Wednesday: February 21

12:10pm Souls in Purgatory by Sheila Gallagher

Thursday: February 22

The Chair of St. Peter the Apostle

8:00am Rev. Mark A. Rundzio

Saturday Vigil / Sunday
February 24 / 25

Second Sunday of Lent

4:00pm Ronan G. O'Donnell
by The O'Donnell Family
8:00am Christina Chatlos by The Lost Sheep
9:30am Roland Tremblay
by The Tremblay Family

St. Helena and St. Mary's Mission

February 18 and 25, 2024

Sunday: February 18
First Sunday of Lent

10:00am (St. Mary's) Rev. Mark A. Rundzio
5:30pm Irene Guaraldi and Irene Stark
by Larry and Sharon Guaraldi

Sunday: February 25
Second Sunday of Lent

10:00am (St. Mary's) Good Health for Jo Tansey
by Larry and Sharon Guaraldi
5:30pm Frank Buffo by Kelly Diette



**MASS and
SANCTUARY
CANDLE
REQUESTS**

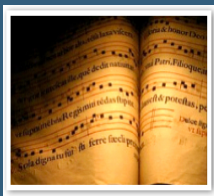
There are two ways to accomplish this:

- Email us at shurtlebanon@gmail.com with the date and intention. You will receive an email stating that your request has gone through as requested *or* will be advised of necessary changes.
- Call the office and speak with someone directly: 603-448-1262.

Please use only these two ways. Thank you!

NIGHT PRAYER (COMPLINE)

Join us for Night Prayer
at Sacred Heart
every Tuesday in Lent
following 7 o'clock Mass.



*Now at the daylight's ending, We turn, O God, to You:
Send forth your Holy Spirit, Our spirit now renew.*

*With watchful eyes, O Shepherd, Look down
upon your sheep; Stretch forth your hands in healing
and close our eyes in sleep.*

Every penny counts!



Thank you for your contribution - big and small!

UPCOMING SPECIAL COLLECTIONS

Throughout Lent

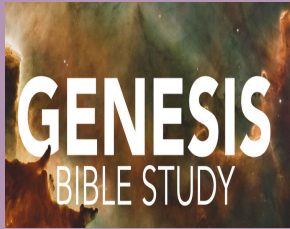
Catholic Relief Services Rice Bowls

Sunday, February 18
Parish Charity Fund

Sunday, March 3
Parish Fuel Fund

Sunday, March 10
Easter Flowers

Parish Ministries and Announcements



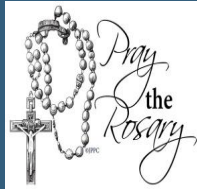
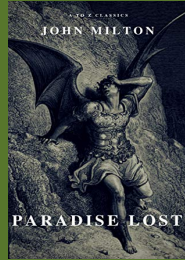
BIBLE STUDY
at SACRED HEART
this Sunday, February 18
following 9:30 Mass
in the Parish Office
We'll be studying Chapter 49

Please note that we *won't* meet on Feb. 25.

SACRED HEART BOOK CLUB

Our discussion of Milton's
masterpiece *Paradise Lost*
will continue on Tues, Feb. 27,
5:45 - 6:45pm, Parish Office.

All are welcome.



MONDAY NIGHT ROSARY

Join us on Zoom at 7pm and pray
the Sorrowful Mysteries with us
throughout Lent. Zoom sign-in
info may be found on our parish
website.



CORNERED BEEF and CABBAGE DINNER FUNDRAISER

SACRED HEART PARISH HALL

Sunday, March 17

12:15 - 2:30pm

Dinner Includes

Corned Beef and Cabbage, Potatoes, Carrots,
Roll, Dessert, and Coffee (BYOB)

Dine In or Take Out

\$15 per person / \$40 per family
(immediate family members only, please)

Come and Enjoy Live Music and a Great Dinner!

Advance tickets on sale starting Feb. 24!

(After March 12, add \$2 per ticket / \$6 per family.)

All proceeds benefit Sacred Heart Parish.



Our Church devotes the month
of February to prayer to, and
contemplation of, the Holy
Family.

Each member of the Holy
Family had a vocation and each vocation is
embodied by members of the Holy Family:
sacramental marriage and holy parenthood, the
sacramental priesthood of Jesus, and His holy
single state. Sacred scripture shows that
Sacramental matrimony is treasured by God, and
sociological studies show that it is very often the
major source of all other vocations.

Having a world filled with people who follow a
call to do God's will is essential for civilization to
thrive. Our three churches celebrated World
Marriage Sunday last weekend. For the month of
February we pray for: 1) an increase in
sacramental marriages; 2) the strengthening of
those that already exist; and 3) parents to
encourage their children to prayerfully consider a
future vocation to the priesthood or consecrated
life.

It takes time in prayerful soul-searching to
discern our individual calling. To help with such
discernment, Sacred Heart Parish prays a decade
of a Scriptural Rosary for vocations at 6:45pm
every Tuesday evening before the 7 o'clock Mass.
We request that during February each parishioner
will either join us in person for this prayerful
time or will pray a Rosary decade — 15 minutes
— at home, with children, to ask each member of
the Holy Family to grace our civilization with an
increase in vocations to Sacramental Marriages,
the Priesthood, and to Consecrated Life. If your
circumstances do not allow that, then we ask that
you pray the following 2024 papal prayer each
day for 9 days asking for the intercession for
discernment to vocations: *May the Holy Family,
icon and model of every human family, help each
individual to walk in the spirit of Nazareth.*

The God Himself Who said, "It is not good for man to
be alone" and "Who made man from the beginning
male and female," wishing to share with man a certain
special participation in His own creative work, blessed
male and female, saying: "Increase and multiply."
Hence, while not making the other purposes of
matrimony of less account, the true practice of
conjugal love, and the whole meaning of the family life
which results from it, have this aim: that the couple be
ready to cooperate with the love of the Creator and
Savior, Who through them will enlarge and enrich His
own family day by day. (The Second Vatican Council,
Gaudium et spes, no. 50)

Parish & Diocesan Notes



Free
Community Dinner
at St. Mary's, Canaan

Our next Community Dinner will be next Sunday, February 25, following 10am Mass.

MENU

Roast Pork, Mashed Potatoes, Homemade Rolls, Variety of Sides and Desserts, Beverages

For details or to help with setup on Saturday or cleanup on Sunday, contact Rosalie Swanson at rcvanasse@gmail.com.



MEN of ST. JOSEPH

Bishop Peter Libasci invites all men of the Diocese to join him in celebrating the Feast of St. Joseph

Saturday, March 16, 2024
MASS and BREAKFAST

St. Joseph Cathedral
Manchester, NH
7:30 - 10:30am

To register for the event go to <http://www.catholicnh.org/mosj>

Seating for breakfast is limited to the first 240 registrants.
Cost is only \$12.00.

SACRED HEART PILGRIMAGE to FRANCE

(Through Collette Tours)



October 3 through 14, 2024

If you're interested in joining the parish on this pilgrimage, please contact the office or speak with Fr. Charles.

PARISH EVENTS in MARCH

SACRED HEART

Sunday, March 17

St. Patrick's Day Luncheon Fundraiser
Parish Hall at noon

Tuesday, March 19

St. Joseph Table
Parish Hall following the 7:00pm Mass

Easter Sunday, March 31

Knights of Columbus Annual Brunch
and Easter Egg Hunt
Parish Hall following 9:30am Mass

ST. MARY'S MISSION

Palm Sunday, March 24

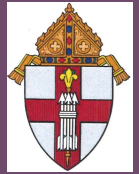
Pastry and Fruit Social
Church Hall following 10:00am Mass

Easter Sunday, March 31

Easter Egg Hunt
Church Hall following 10:00am Mass

Both of the St. Mary's events are hosted by the Knights of Columbus, Council 8027

The NH Diocesan Council
of Catholic Women
invites all women of the Diocese
to join them in a



LENTEN MORNING of PRAYER and FELLOWSHIP

at St. Joseph Cathedral
with the Very Rev. Jason Jalbert
Saturday, March 23, 2024

SCHEDULE:

8am Mass
9am Continental Breakfast
10am History and Tour of the Cathedral
with Fr. Jason, Rector of the Cathedral
and Diocesan Director of Worship

Free will offerings will be accepted to support the NHDCCW charitable mission.

Please register by March 15 at <https://form.jotform.com/RCBM/lenen-prayer>
or call Marie Becklo at (603) 663-0108
so we know how many to expect.



February: The Holy Family / Catholic Youth



PROPHETIC POPE

St. John Paul II saw what was coming for the family and society.

In 1981 in *Familiaris Consortio* (On the Role of the Christian Family in the Modern World), he noted the times were “*a moment of history in which the family is the object of numerous forces that seek to destroy it or in some way to deform it.*” He lists the attacks which we see now unfolding in full force.

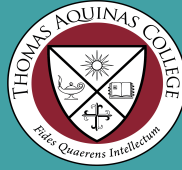
He kept reminding of these attacks, as in his Angelus on Holy Family Sunday in 2000, concluding:

All this shows how urgent it is to rediscover the value of the family and to help it in every way to be, as God wanted it, the vital environment where every child who comes into the world is welcomed with tenderness and gratitude from the moment of his conception; a place marked by a serene atmosphere that encourages the harmonious human and spiritual development of all its members.

Again in *Familiaris Consortio* he stressed “*the well-being of society and her own good are intimately tied to the good of the family.*” Why? Because as he said in an earlier homily, “*The mission of being the primary vital cell of society has been given to the family by God himself.*”

But society’s direction has caused big problems. John Paul II spelled out the roots frequently including “*a corruption of the idea and the experience of freedom, conceived not as a capacity for realizing the truth of God’s plan for marriage and the family, but as an autonomous power of self-affirmation... for one’s own selfish well-being.*”

Can you in your wildest imagination think any member of the Holy Family was ever selfish? Of course not. Imitating the Holy Family in this regard is one good place to start honoring them this month.



HIGH SCHOOL GREAT BOOKS PROGRAM

July 7-20, 2024

The pursuit of wisdom begins with wonder — wonder about the causes and principles of man and the natural world, and wonder about God, Who is the first cause and principle of all things.

Through serious consideration of questions which deeply concern every person, the Summer Program at Thomas Aquinas College encourage wonder and lead participants toward wisdom.

Just 90 miles west of Boston, in Northfield, Massachusetts, students at the New England Summer Program can get a taste of life on Thomas Aquinas College’s recently opened second campus. Among its century-old buildings is a newly restored gymnasium that includes a swimming pool, basketball courts, and a dance studio, as well as workout facilities and equipment.

On-campus activities include swing-dance classes in the Bl. Frassati Student Center and evening gatherings in the residence halls. Students travel off campus to explore historic Boston and the Freedom Trail, kayak on the nearby Connecticut River, and enjoy a concert with the Boston Symphony Orchestra at Tanglewood Music Center.

A full-time chaplain will be available throughout the program, and Mass will be offered twice daily in Our Mother of Perpetual Help Chapel.

VISIT the THOMAS AQUINAS COLLEGE WEBSITE for DETAILS and REGISTRATION:
<https://thomasaquinas.edu/admissions/summer-program>

MOUNT ROYAL ACADEMY, a pre-K through grade 12 school in Sunapee, boasts “... *a classical curriculum that liberates the soul; a school culture that nurtures virtue; meaningful parent partnership; affordable tuition enhanced by state grants; and education rooted in goodness, truth, and beauty.*”



If you’d like to tour the school or have your student(s) enjoy a shadow day there, call Mount Royal at 603-763-9010 to schedule. Visit their website at mountroyalacademy.com.

Lent / Religious Ed. / Youth Ministry / RCIA



CONFESSION and EUCHARISTIC ADORATION during LENT

Sacred Heart

Wednesday, February 21 – Mass at 12:10pm and **Adoration** 12:45-2:00pm

Saturday, February 24 – **Confession** 2:45-3:30pm and Mass at 4:00pm

Saturday, March 2 – **Confession** 2:45-3:30pm and Mass at 4:00pm

Wednesday, March 5 – **Adoration** 5:45-6:45pm and Mass at 7:00pm

Saturday, March 9 – **Confession** 2:45-3:30pm and Mass at 4:00pm

Saturday, March 16 – **Confession** 2:45-3:30pm and Mass at 4:00pm

Wednesday, March 20 – Mass at 12:10pm **Adoration** 12:45-2:00pm

Confession 12:50-1:30pm (two priests)

Saturday, March 23 – **Confession** 2:45-3:30pm and Mass at 4:00pm

Monday, March 25 – Mass at 8:00am and **Confession** 8:30-9:00am

STATIONS of the CROSS

Sacred Heart

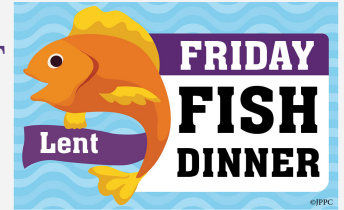
Fridays in Lent, 5:30pm



The Stations of the Cross is a 14-step devotion commemorating Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day beginning with His condemnation and ending with His entombment. At each station participants, with the aid of Scripture and other prayers, recall and meditate on that event. The presider then moves to the next station until all 14 are complete.

FRIDAYS in LENT

Hosted by Sacred Heart Knights of Columbus



6:00pm in the Parish Hall

\$12 per person / \$28 per family (immediate members only, please)



Dinner includes Baked Fish, French Fries, Coleslaw, Baked Beans, Dessert, and Coffee.

GRADES K - 8 CLASSES UPCOMING MEETING DATES March 3, 10, 17



Parish Hall following 9:30 Mass



Come join in the fun!
Youth Ministry Room
6 to 8pm

Hope to see you on Sunday, February 25!
We're discussing Corrie Ten Boom's
The Hiding Place.

JOIN US THIS SUN, FEB 11
in the Parish Hall after 9:30 Mass
ALL ADULTS WELCOME!



Our RCIA program is not only open to catechumens and candidates working toward complete communion with the Catholic Church, but to any interested adult. Even cradle Catholics have been known to learn something new about the Faith!

Feb. 18: Rite of Election, St. Joseph Cathedral

Feb. 25: The Sacrament of Anointing of the Sick:
God is Rich in Mercy

Mar. 3: The Sacrament of Holy Matrimony

Mar. 10: The Sacrament of Holy Orders

Mar. 17: Christian Morality - Faith Lived

SACRED HEART PARISH

2 Hough Street, Lebanon, NH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263

Website: <http://www.sthstm.org>
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS
Pastor / Director of Religious Education
pastorsheartlebanon@gmail.com

Camille Hardt
Parish Secretary / Safe Environment Coord.
sheartlebanon@gmail.com

Cathy Filiano
Office Assistant

Alice Maleski
Music Director
musicsheartlebanon@gmail.com



Be sure to follow us on Facebook! See pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of the Church!

SACRED HEART PARISH

<https://www.facebook.com/sacredheartlebanon>

ST. HELENA PARISH

<https://www.facebook.com/St-Helena-Parish-164450373980798/>



We extend a warm welcome to you and thank God that you are with us.

If you wish to register or would like to update your registration information, please complete this form and place it in the collection basket or mail it to the parish office.

_____ Sacred Heart _____ St. Helena/St. Mary's

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Please check the following:

- ___ Request Registration Form
- ___ Request monthly envelopes
- ___ New Address and/or Phone Number

Get important updates via email and/or text. Flocknote lets you choose what information you'd like to receive from the groups in our parish.



- Go to flocknote.com/sacredheartparish5 OR
- Text SHLEB to 84576 from your phone to subscribe to updates.
- Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. See: www.flocknote.com/txt



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month at 6pm,
Sacred Heart Parish Hall in Lebanon.

CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month at 7pm,
St. Mary's Parish Hall in Canaan.